

TRYOUT SCHEDULE - BOYS PROGRAM

Location	ABR	Address	Instructions
E.S.C Franco Cité (Ottawa General Hospital Campus)	FC	623 Smyth Road, Ottawa, ON K1G 1N7	New facility - back of school
C.C. Samuel Genest (Montreal Road and Eastern Parkway)	SG	704 Carsons Road, Ottawa, ON K1K 2H3	Please enter by the side door closest to Montreal Road. The custodians will lock the door after 7PM to prevent vandalism to the school. PLEASE do not prop the door open.
St. Patrick Catholic High School	STP	2525 Alta Vista Drive, Ottawa, ON K1V 7T3	
E.S.P. Louis Riel (Blackburn Hamlet)	LR	1655 Bearbrook Road, Gloucester, ON K1B 4N3	
Colonel By High School	CB	2381 Ogilvie Rd, Gloucester, ON K1J 7N4	

Please note the following:

1. We strongly recommend that all athletes register on line prior to attending the tryouts. Registrations will be taken at the door however the fee will be \$40 with proceeds going to our tryout charity of choice.
2. For the weekday sessions we ask that all athletes be at the facility 30 minutes prior to the start of the session to ensure that we are able to start on time.

Example:

- a. 6:30 PM start we ask that athletes arrive at the facility by 6:00 PM.
- b. 8:15 PM start we ask that the athletes arrive at the facility by 7:45 PM BUT don't interfere or interrupt the session before their session.

12U/13U Boys					
Activity	Date	Time	Location	Attendees	
Registration	11/sept./16	7:45 - 8:30 AM	FC	All athletes	
Skill Testing	11/sept./16	8:30 - 10:00 AM	FC	All athletes	
Physical Assessment	11/sept./16	10:00 - 11:30 AM	FC	All athletes	
Team Skills I	12/sept./16	6:30 - 8:15 PM	LR	All athletes	
Team Skills II	14/sept./16	6:30 - 8:15 PM	LR	All athletes	
Team Skills III	17/sept./16	2:30 - 4:00 PM	FC	All athletes	

14U Boys					
Activity	Date	Time	Location	Attendees	
Registration	11/sept./16	7:45 - 8:30 AM	FC	All athletes	
Physical Assessment	11/sept./16	8:30 - 10:00 AM	FC	All athletes	
Skill Testing	11/sept./16	10:00 - 11:30 AM	FC	All athletes	
Team Skills I	12/sept./16	6:30 - 8:15 PM	SG	All athletes	
Team Skills II	14/sept./16	6:30 - 8:15 PM	SG	All athletes	
Team Skills III	17/sept./16	2:30 - 4:00 PM	FC	All athletes	

15U Boys					
Activity	Date	Time	Location	Attendees	
Registration	11/sept./16	11:00 - 11:30 AM	FC	All athletes	
Skills Testing	11/sept./16	11:30 - 1:00 PM	FC	All athletes	
Physical Assessment	11/sept./16	1:00 - 2:30 PM	FC	All athletes	
Team Skills I	13/sept./16	8:15 - 10:00 PM	SG	All athletes	
pre-HP I	14/sept./16	8:15 - 10:00 PM	LR	Selected to continue in pre-HP stream	
Comp I	14/sept./16	8:15 - 10:00 PM	LR	Selected to continue in Comp stream	
pre-HP II	17/sept./16	10:30 - 12:30 PM	FC	Selected to continue in pre-HP stream	
Comp II	17/sept./16	4:00 - 5:30 PM	FC	Selected to continue in Comp stream	
Comp III	20/sept./16	7:00 - 9:00 PM	CB	Selected to continue in Comp stream	

16U Boys					
Activity	Date	Time	Location	Attendees	
Registration	11/sept./16	11:00 - 11:30 AM	FC	All athletes	
Physical Assessment	11/sept./16	11:30 - 1:00 PM	FC	All athletes	
Skills Testing	11/sept./16	1:00 - 2:30 PM	FC	All athletes	
Team Skills I	12/sept./16	8:15 - 10:00 PM	SG	All athletes	
HP I	14/sept./16	8:15 - 10:00 PM	SG	Selected to continue in HP stream	
HP II	17/sept./16	12:30 - 2:30 PM	FC	Selected to continue in HP stream	
Comp I (16U/17U Team)	20/sept./16	7:00 - 9:00 PM	CB	Selected to continue in Comp stream	

17U Boys					
Activity					
Registration	10/sept./16	2:00 - 2:30 PM	FC	All athletes	
Skills Testing		NOT APPLICABLE	FC	All athletes	
Team Skills I	10/sept./16	2:30 - 4:00 PM	FC	All athletes	
Physical Assessment	10/sept./16	4:00 - 5:00 PM	FC	All athletes	
Team Skills II	11/sept./16	3:00 - 4:30 PM	FC	Athletes selected to continue	
Team Skills III	13/sept./16	7:00 - 9:00 PM	LR	Athletes selected to continue	
Comp I (16U/17U Team)	20/sept./16	7:00 - 9:00 PM	CB	Selected to continue in Comp stream	
18U Boys					
Activity	Date	Time	Location	Attendees	
Registration	10/sept./16	2:00 - 2:30 PM	FC	All athletes	
Team Skills I	10/sept./16	2:30 - 4:00 PM	FC		
Physical Assessment	10/sept./16	4:00 - 5:00 PM	FC	All athletes	
Skills Testing		NOT APPLICABLE	FC	All athletes	
Team Skills II	11/sept./16	1:30 - 3:00 PM	FC	Athletes selected to continue	
Team Skills III	17/sept./16	12:30 -2:30 PM	FC	Athletes selected to continue	